

**Welcome to Xavier!**



*Almost*

**Everything You Want to  
Know About Xavier**

## **Mission Statement**

**As a Catholic college preparatory school sponsored by the Xaverian Brothers and the Diocese of Norwich, Xavier High School fosters the spiritual, academic and physical growth of its students and challenges them to use their God-given talents in service to others so that each Xavier graduate is fully prepared to respond to the Christian call of our school motto, “Be A Man”.**

### **Administration**

Mr. Dave Eustis, Headmaster

Mr. Brendan Donohue, Principal

Mr. Nicholas Cerreta '01, Dean of Students

Mr. Kyle St. George, Academic Dean

## **FACULTY & STAFF**

### **Administrative Assistants**

Mrs. Donna Jaskot, Assistant to the Headmaster & Principal  
Mrs. Marie Braychak, Assistant to the Dean of Students  
Mrs. Lisa Keereweer, Assistant to the Academic Dean, Admissions Assistant  
Mrs. Tracy Dardick, Administrative Assistant, Home & School Liaison

### **Admissions Office**

Mr. Nicholas Grasso '05, Director of Admissions  
Mr. Brendan Bell '05, Assistant Director of Admissions

### **Advancement Office**

Ms. Liz Whitty, Director of Advancement  
Mr. Greg Jaskot '00, Associate Director of Advancement  
Mrs. Suzanne Berry, Advancement Associate

### **Athletics**

Mr. Matt Martorelli, Director of Athletics  
Mr. Daniel DeConti '01, Assistant Director of Athletics

### **Business Office**

Mr. Daniel Cizauskas, Business Manager  
Mrs. Jacki Aresco, Assistant Business Manager

### **Campus Ministry Office**

Mr. Peter Lyons, Director of Campus Ministry, Director of Faculty Formation  
Mr. John Guinan, Assistant Campus Minister  
Br. Philip Revell C.F.X., Assistant Campus Minister

### **Communications Office**

Mr. Matthew Conyers, Director of Communications  
Mr. Jeffrey Otterbein, Associate Director of Communications

### **Guidance Department**

Mr. Richard Magner '69, Director of Guidance  
Mr. Mark Lambert, Guidance Counselor/UCONN ECE Site Representative  
Mrs. Joan Tomasiello, Guidance Counselor  
Mrs. Beth Pattavina, Guidance Counselor/Academic Support Specialist  
Mrs. Laura Wyzykowski, Administrative Assistant

### **Media Center**

Mrs. Deborah Gargano, School Librarian  
Mrs. Monica Marselli, Media Center Coordinator

### **Business Department**

Mr. Michael Kohs '84  
Mr. Steve Smith

**English Department**

Mrs. Amanda Duffey, Department Chairperson  
Mr. Charles Flowers  
Ms. Michele Gerardi  
Mr. Aaron King  
Ms. Kathryn Lee  
Mr. John McGrath  
Mrs. Beth Pattavina  
Mr. John Popielaski  
Mr. Kyle St. George  
Mrs. Kelly Shiring  
Ms. Kelly Walsh

**Fine Arts Department**

Mr. Erik Elligers, Music  
Mr. John McGrath, Performing Arts  
Mr. James Royce '99, Music  
Ms. Jayne Vitale, Visual Arts

**Foreign Language Department**

Mrs. Heidi Lane, Department Chairperson  
Mrs. Marta Castro-Maguder  
Mrs. Tracy Costa  
Mr. Brian Fitzgerald '99  
Ms. Michele Gerardi  
Br. John Sullivan, C.F.X.  
Ms. Jayne Vitale

**Mathematics Department**

Mr. John Traceski, Department Chairperson  
Mr. Geoffrey Close  
Mr. Daniel DeConti '01  
Mr. Andrew Gargano  
Mr. Nicholas Grasso  
Mr. Andrew Mule '93  
Mr. Ryan Pipke  
Mrs. Kelly Shiring  
Mr. Steven Smith

**Physical Education Department**

Mr. Nicholas Cerreta '00  
Mr. Michael Cunningham  
Mr. Matt Martorelli

**Religion Department**

Mr. Jeremy Fowler '94, Department Chairperson  
Mr. Brendan Bell '05  
Mr. William Garrity  
Mr. John Guinan  
Mr. Paul Kieda  
Mr. Peter Lyons  
Br. Philip Revell, C.F.X.  
Mr. James Tyrol

**SAT Prep**

Mrs. Deborah Gargano

**Science Department**

Mr. David Applegate '98, Department Chairperson  
Dr. Frank DiCapua  
Mr. Kelsey Doherty  
Mr. Andrew Gargano  
Mr. Thomas Green  
Ms. Meghan Keefe  
Mr. James Markham '99  
Mr. David Oravetz

**Social Studies Department**

Mr. Robert King, Department Chairperson  
Mr. William Braychak  
Mr. Brendan Donohue  
Mr. Andy Guyon  
Mr. Aaron King  
Mr. James Royce '99  
Br. Thomas Ryan, C.F.X.  
Br. John Sullivan, C.F.X.

**Technology Department**

Mrs. Deborah Gargano  
Mr. Paul Kieda  
Mr. Tim Kramar

**Special Services**

Mrs. Paula Augeri, Food Services  
Mr. Juan Cordero, Custodial Services  
Mr. Darnell Hart, Custodial Services  
Mrs. Tina Loomis, School Nurse  
Mr. Michael Schinas, Director of Grounds  
Mr. Andrew Wyzykowski, Director of Physical Plant

# **FREQUENTLY ASKED QUESTIONS**

## **ACADEMIC MATTERS**

**Q. Why Xavier?**

A. Xavier is a value-oriented school offering a rigorous college preparatory curriculum and an excellent faculty. We provide an environment that is safe, educationally conducive and spiritually alive. While our faculty are not miracle workers, they are very good at motivating young men. They provide a caring atmosphere in which your son can develop his God-given gifts and talents to the best of his ability.

**Q. My son is not Catholic. Will this put him at a disadvantage in religion class?**

A. Absolutely not. All Xavier students, approximately 25% of whom are non-Catholic, are expected to participate fully in the religious life of the school. However, since religion courses are academic, and testing is done on the materials presented in class and not on any previous religious instruction, non-Catholic students are not at a disadvantage.

**Q. Is there “ability grouping” at Xavier?**

A. Xavier has only one course of study, and this is to prepare **all** of our students for college. In order to provide a quality educational experience for our students, Xavier has developed three curriculum levels within our program-College Prep, Accelerated, and Honors-which differ in the speed and depth to which the material is covered by the teachers. In addition, Xavier offers an extensive AP program and participates in the UCONN Early College Experience program and offers a number of electives and specialty courses which can be found in the Curriculum Guide.

**Q. What are the advantages of having three ability levels?**

A. The ability levels allow us to tailor our curriculum to the abilities of our students. Additionally, by placing students in an appropriate ability group, students at all levels are eligible for academic awards. Students throughout each of the ability levels are eligible for membership in the Honor Societies.

**Q. What is the basis for assigning students to the various levels?**

A. In general, the composite score (“national” percentile) your son received on the entrance exam (HSPT) along with his grades from 6<sup>th</sup>, 7<sup>th</sup> and 8<sup>th</sup> grade are used to determine the initial placement in one of our three levels. Additionally, placement exams, letters of recommendation and summer school classes are also factored into the decision.

**Q. Can a student change levels?**

A. Yes. Freshmen and transfers are evaluated during the sixth week of the first marking period. If a student has done very well (an A average is required) and his teachers, guidance counselor and Academic Dean recommend a move and there are available spaces, a student can change levels in one or more courses. If a student consistently works to his capacity and still experiences significant difficulty, he can be moved down to a lower academic level. Level changes can also occur at the end of freshman, sophomore and junior year.

**Q. How can I monitor my son’s academic progress?**

A. Each student and parent is given access to our online learning management system called OnCampus. Through OnCampus, you will have the ability to view your son’s daily grades and any announcements for his classes, including upcoming tests and quizzes and the due dates of major assignments. Sports, clubs, and other activities also have pages through which your son’s coaches and club moderators will communicate with you and your son.

- Q. How much homework can my son expect to receive?**  
A. The general rule is two to three hours per night (about 20-30 minutes per subject). Homework includes not only the daily written assignments but also reviewing notes and material covered in class that day, studying for quizzes and tests, and working on long-term assignments and projects.
- Q. What is the average class size at Xavier?**  
A. The average class size during the 2019-2020 academic year is 21 students.
- Q. My son is currently taking Algebra I. Does Xavier have any courses that take that into account?**  
A. Those students who have had a full-year and rigorous Algebra I course in eighth grade may take an Algebra placement exam in May at Xavier to determine if they are qualified to pass over Freshmen Algebra I and begin with Geometry in September. Based on the results of the placement exam, students may be required to take an honors Algebra I Review class during our three-week summer school program.
- Q. My son is taking Spanish in eighth grade. Can he be scheduled into a Spanish II course in September?**  
A. Those students who have had a full-year and rigorous Spanish course in eighth grade may take a Spanish placement exam in May at Xavier to determine if they are qualified to pass over Spanish I and begin with Spanish II in September. Based on the results of the placement exam, students may be required to take an Honors Spanish I Review class during our summer school program. A similar procedure is in place for Latin and French.
- Q. Can my son choose which foreign language he will take?**  
A. A student should indicate his preference for foreign language on the elective form that will be available in OnCampus. Every effort is made to honor this preference. There are three language choices for Freshmen: French, Latin and Spanish. Latin and French are offered only on the Honors level. Accelerated students may also choose these courses if they meet certain criteria. Spanish is offered on the Honors, Accelerated and College Prep levels. Some students will take a Study Skills course during their freshman year and will begin Foreign Language during their sophomore year.
- Q. Can my son take two foreign languages simultaneously?**  
A. Due to scheduling constraints, this is rare. However, if your son meets certain academic requirements, it is possible for him to take two languages. Generally speaking, this exception may be made for Honors students. Special arrangements may be made in order for him to fulfill his other elective requirements.
- Q. What electives might be available to freshmen?**  
A. All freshmen take seven courses, six of which are core courses: Math, Science, English, Social Studies, Religion and either a Foreign Language or Study Skills for some College Prep students. To fill the seventh course, the large majority of the freshmen will take Computer Essentials one semester and Physical Well-Being the other semester. If however, a student has a particular talent in the area of Fine Arts and would like to take four years of Chorus, Concert Band, String Ensemble, Jazz Band or Art, he may choose to take one of those courses in his freshman year in place of Computer Essentials and Physical Well-Being.
- Q. What is Xavier's policy on computers in the classroom?**  
A. Xavier has a One-to-One BYOD program. Students are required to bring their personal laptops or tablets to class in order to facilitate and enhance their learning experience and are allowed to connect their personal devices to the school's filtered wireless network throughout the day for the purpose of enhancing the educational experience. At no additional cost, all students are provided a Xavier email account, a complete subscription to Microsoft Office, a Microsoft 365 account and Microsoft Essentials Anti-Virus Software.

**Q. If my son takes four full years of Fine Arts, how will he fulfill his additional graduation requirements?**  
A. For those students in this category, there are several ways to achieve this. Your son may take the non-core requirements during his senior year when there are fewer departmental requirements. He also will have the opportunity to fulfill these requirements online.

**Q. What percentage of Xavier graduates go on to college?**  
A. Typically, 98% of our graduates go on to college.

## **FINANCIAL MATTERS**

**Q. Does Xavier have a formal tuition policy?**  
A. Yes. The Board of Directors of Xavier High School adopted the tuition policy printed below. The policy is adhered to rigorously; however, parents who are experiencing temporary financial difficulties may contact the Headmaster to discuss special arrangements.

**Q. What is Xavier's tuition?**  
A. For the 2019-2020 school year, Xavier's tuition is \$14,600 for Catholic students actively registered in a parish of the Diocese of Norwich, \$14,900 for Catholic students actively registered in a parish outside the Norwich Diocese, and \$15,100 for Catholics not registered with the dioceses and non-Catholics.

**Q. May we expect a tuition increase?**  
A. The Board of Directors has not yet determined the tuition rate for the 2020-2021 school year. There is usually some increase each year.

**Q. When is tuition payable?**  
A. There is a **\$500 non-refundable** down payment due in early February. The remainder of the tuition is paid according to one of our three payment plans: Payment in full in July; half payment in July and the remainder in early December; or monthly payments through F.A.C.T.S. automatic deduction for a ten-month period.

**Q. Are there any fees?**  
A. The following fees are required: \$240 annual activity fee and a \$50 one-time registration fee in the freshman year.

**Q. Are there any academic scholarships?**  
A. Yes. Xavier offers a number of academic scholarships for incoming freshmen who take the Entrance Exam in *November*. (Students taking subsequent make-up exams after November are not eligible for academic scholarships.) The student receiving the highest score on the November test is awarded the Brother Robert Scholarship, which is a full scholarship. Students who score in the top 5% of test takers will also receive a partial scholarship. Criteria to maintain scholarships: maintain at least a 3.25 GPA at the conclusion of each of the four years of academic study and maintain enrollment in Honors courses in all of the disciplines where they are offered.

In addition the Xavier Award for Excellence is a \$1,000 award for students applying to Xavier High School who consistently demonstrate scholarship, leadership and service.

At the conclusion of each school year, a full scholarship is awarded to the student with the highest unweighted GPA in the 9<sup>th</sup>, 10<sup>th</sup> and 11<sup>th</sup> grade for his next school year. Honors, Accelerated and College Prep students are all eligible for this scholarship. In the case of a tie involving two or more students, the scholarship is divided accordingly.

**Q. Are there athletic scholarships?**

A. No. All aid in the form of scholarships or grants is based on either academic excellence or financial need.

**Q. How much do textbooks cost?**

A. Xavier uses an online book company, MBS Direct. If all textbooks are bought new, the total cost is approximately \$600. However, MBS buys back texts at the end of each year and offers used texts for sale at a reduced price. Additionally, Xavier holds a used book sale in June at which students are able to buy and sell books. Parents are free to use other online resources if they choose to do so. E-books are offered in several classes and help to defray the cost of textbooks.

**Q. Is there financial aid available at Xavier?**

A. Yes. Xavier High School does its best to accommodate families with demonstrated financial need and decisions are based solely on the financial need of the families.

**Q. How do I apply for financial assistance?**

A. **Financial Aid forms will be available online in October 2019. Families applying for financial aid will need to complete an application and submit the necessary supporting documentation to FACTS Grant & Aid Assessment by December 30, 2019.** If your application is not submitted on-time, you might **not** be considered for financial aid. We will review your case once all the documentation has been submitted online and verified by FACTS, and applicants will be notified of the Financial Aid Committee's decision soon after this process has been completed.

**Q. Are there any special forms that need to be submitted with the financial aid application form?**

A. Yes. You must submit a copy of your tax forms to be considered. These forms, as well as the application for financial assistance, will be destroyed after the committee has completed its process.

**Q. Will the names of students receiving financial aid be made public?**

A. No.

**Q. If my son receives financial assistance, will we receive a check for the amount awarded?**

A. No. Payment will be made directly to the Business Office, and the amount will be deducted from your tuition balance.

## **ATTENDANCE**

**Q. What are the attendance policies in effect at Xavier?**

A. Regular attendance at school is an absolute necessity for academic success. In light of this, we do not excuse absences for vacations or for activities which could be scheduled when school is not in session. Students who are absent (this includes both excused and unexcused absences) 16 or more days for a full year course and 8 or more days for a half year course may be required to make up days and risk losing academic credit, subject to review by the administration.

## **BUSING**

**Q. When will we be sent information about busing?**

A. Information about busing will be mailed to incoming freshmen during the month of March.

**Q. What towns provide free busing for Xavier students?**

A. Currently only the town of Middletown provides free busing to our students.

**Q. What is the cost for using the “out of town” bus?**

A. The cost for the current school year is \$975, which is subject to yearly increases. An initial down payment of \$475 is due in late April. Payment for the remaining balance is done through the tuition plan you select.

**Q. Are there any late afternoon buses for those students who participate in sports or other after-school activities?**

A. In this current year, Xavier does not offer late busses. Most boys manage to use car pools for rides home after these activities.

**Q. If we sign up for the bus, can we change our minds before September?**

A. Yes. The bus deposit is then transferred to your tuition account.

**Q. Can we receive a refund if we use the bus for only a portion of the year?**

A. The terms of our agreement with regards to payment for out of town busing states that there will be no refund for those who drop bus service at any time during the school year. The entire bill must be paid for each student who rides the bus for **ANY** portion of the school year.

## **DRESS CODE**

**Q. What is the standard dress code at Xavier?**

A. Students are expected to be properly dressed and neatly groomed at all times. The standard dress code is traditional dress pants, buttoned down dress shirts, tie, a black or brown leather belt, over-the-calf dress socks, and dress shoes. Xavier quarter-zip pullovers purchased at the School Store may be worn during the school day. On specific occasions, such as days of school-wide Masses or days when the student is representing the school, a sports jacket may be required. Hair must be neatly kept and well groomed.

**Secondary Dress Code.**

On days when the Secondary Dress Code is in effect, students will be permitted to wear a school issued Xavier white, gray or black polo shirt instead of a shirt and tie. The remainder of the Standard Dress Code will be in effect on these days. Polo shirts are available and must be purchased through the Xavier School Store.

## MISCELLANEOUS

**Q. When does school begin for the 2020-2021 school year?**

A. During the summer you will receive information about the purchasing of books and the beginning of regular classes. Orientation days usually occur during the last full week of August. **Freshmen take part in two mandatory orientation days.** The first is called the “Falcon Blast”. This is an informal orientation day in order to ease your son’s transition into Xavier. Freshmen Orientation is a formal orientation day; freshmen will receive their schedules, meet their teachers and have their student ID pictures taken. Freshmen are expected to be in standard dress code for this day.

**Q. When does the school day begin and end?**

A. Classes begin at 8:15 and end at 2:26. Teachers are available for extra help before and after school so that students have sufficient time for extra help if needed.

**Q. When do we receive our son’s course list?**

A. A preliminary course list will be sent home in June. A final course list (which reflects summer school results) will be sent home in early August.

**Q. When does the summer school program begin and what is the cost?**

A. Xavier offers an extensive summer academic program. Complete details can be found later in this book.

**Q. What kinds of food are served in the dining hall?**

A. A wide variety of hot and cold foods, including sandwiches, wraps, salads, pizza, French fries, cookies and ice cream, are available. Many students bring a bag lunch and buy something extra in the dining hall. All freshmen have the same lunch period to enable them to bond with each other as a class. Breakfast is served from 7:30 to 8:00 a.m. This includes bagels, egg sandwiches, donuts, fruit, etc. Parents receive instructions on how to deposit money in their son’s account to enable him to purchase food by swiping his ID card. There are several food and drink machines in the dining hall that are available for students after school to purchase snacks and/or drinks.

**Q. What extracurricular and athletic programs are available at Xavier?**

A. There is a large variety of clubs and sports from which students can choose. These are listed further along in this document and also on the Xavier website.

**Q. What does the Xavier school store sell?**

A. The school store sells school supplies, athletic uniforms and a line of clothing. The store is open before and after school daily. Additional evening hours are scheduled which coincide with events such as mini schedule and report card nights. Please see our website for those hours.

Xavier High School has entered into a 4 year deal with Nike and BSN Sports. As part of our deal, Xavier offers a sideline store for general apparel and sport specific apparel. **While our sports teams will have the opportunity to purchase their apparel with their team,** this store is great for parents, grandparents, brothers, sisters, etc. who would like to support the school or a sports program by showing their Xavier pride. Visit the sideline store at: [www.xavierhighschool.org/store](http://www.xavierhighschool.org/store).

**Q. How can parents become involved at Xavier?**

A. The Home & School Association is composed of parents of Xavier students and all are welcome to join.

## **GRADUATION REQUIREMENTS**

- 4 credits in Religion**
- 4 credits in English**
- 4 credits in Mathematics**
- 3 credits in Science (Physical Science/Physics, Biology & Chemistry required)**
- 3 credits in Social Studies (Civics, World History & United States History required)**
- 3 credits in Foreign Language\*\***
- 1 credit in Physical Education**
- .5 credit in Fine Arts**
- .5 credit in Computer Essentials**

**\*\*Those College Prep students recommended for two years of Study Skills have a two-year requirement for Foreign Language.**

Freshmen, sophomores & juniors take a 7-credit course load. Most freshmen will take a semester of Physical Well-Being and a semester of Computer Essentials. Seniors must take a minimum of 6 credits.

Participation in the Freshman, Sophomore & Junior Service Hours Programs, the Freshman Retreat Program, the Sophomore Saturday Retreat Program, and the Senior Service Program are also mandatory requirements for graduation.

## **COURSE LISTING**

The following is a list of courses typically offered to students each year. Initial level placement is determined by a student's entrance exam scores and his academic record. In certain cases, a student may take courses that are not typically offered within his grade level. In these cases, course placement is determined by the academic dean. For a description of each course, please consult the Xavier Curriculum Guide, found on the Xavier website at [www.xavierhighschool.org](http://www.xavierhighschool.org) under the Academics tab.

## **ONLINE COURSES**

For some Xavier students who participate in specialty programs and have difficulty scheduling their non-core requirements, we have developed three online versions of courses that satisfy graduation requirements: Online Computer Essentials, Online Health, and Online Art Appreciation. These courses are taught by Xavier faculty and follow the curriculum of the traditional versions of the courses, but they allow the student to work on a more flexible schedule over the course of the semester or during the summer. For course descriptions, please see course 711 for Computer Essentials, course 820 for Health, and 9711 for Art Appreciation. **Prerequisite: Approval by the Academic Dean.**

## **THE UCONN ECE (EARLY COLLEGE EXPERIENCE) PROGRAM**

Xavier High School is fortunate to have a partnership with the University of Connecticut's Early College Experience Program. This program allows motivated high school students to take UCONN credits while enrolled at Xavier. Each course taken through UCONN ECE is equivalent to the same courses offered at the University of Connecticut. UCONN ECE students have an official university transcript that can be sent to the college of their choice. Earning college credit while in high school offers attractive options for the college years. Xavier offers 44 UCONN credits in Statistics, Economics, Sociology, Spanish, British Literature, Biology, Western Civilization, Environmental Science, Latin, Anatomy, Modern European History and US History. For the 2019-20 school year, there are 16 Xavier faculty members certified to teach UCONN courses. There are over 200 students with a total of 417 registrations in these courses.

## **FRESHMAN COURSES**

### **RELIGION**

Sacred Scripture

### **ENGLISH**

Honor Intro to Lit. & Comp.  
Accelerated Intro to Lit. & Comp.  
College Prep Intro to Lit. & Comp.  
College Prep Study Skills

### **MATH**

Honors Geometry 9  
Honors Algebra I  
Accelerated Algebra I  
College Prep Algebra I  
College Prep Pre-Algebra

### **SCIENCE**

Honors Physics 9  
Accelerated Physical Science  
College Prep Physical Science

### **FOREIGN LANGUAGE**

Honors Spanish II 9  
Honors Latin I  
Honors French I

Honors Spanish I  
Accelerated Spanish I  
College Prep Spanish I 9

### **SOCIAL STUDIES**

Honors Civics  
Accelerated Civics  
College Prep Civics

### **COMPUTERS**

Computer Essentials

### **PHYS ED**

Physical Well-Being I

### **FINE ARTS**

Honors Jazz Band  
Concert Band  
String Ensemble  
Chorus  
Intro to Acting & Theater  
Foundations of Art  
Drawing  
Art Appreciation

## **SOPHOMORE COURSES**

### **RELIGION**

Christ's Church & Her Sacraments

### **ENGLISH**

Honors World Literature  
Accelerated World Literature  
College Prep World Literature  
College Prep Study Skills 10

### **MATH**

Honors Algebra II 10  
Honors Geometry  
Accelerated Geometry  
College Prep Geometry  
College Prep Algebra I 10

### **SCIENCE**

Honors Engineering I  
Honors Chemistry  
Accelerated Chemistry  
College Prep Chemistry

### **FOREIGN LANGUAGE**

Honors Latin II  
Honors French II  
Honors Spanish III 10  
Honors Spanish II  
Accelerated Spanish II  
College Prep Spanish II  
College Prep Spanish I

**SOCIAL STUDIES**

Advanced Placement World History  
Honors World History  
Accelerated World History  
College Prep World History

**COMPUTERS**

Computer Essentials

**PHYS ED**

Physical Well-Being I  
Physical Well-Being II

**FINE ARTS**

Honors Jazz Band  
Concert Band  
String Ensemble  
Guitar  
Chorus  
Intro to Acting & Theater  
Foundations of Art  
Drawing  
Color/Design  
Illustration  
Art Appreciation

**JUNIOR COURSES****RELIGION**

Catholic Morality, Foundations  
Catholic Morality, Applications

**ENGLISH**

Advanced Placement English 11  
Honors American Literature  
Accelerated American Literature  
College Prep American Literature  
SAT Review

**MATH**

Honors Pre-Calculus 11  
Honors Algebra II  
Accelerated Algebra II  
College Prep Algebra II  
College Prep Geometry 11

**SCIENCE**

Honors Engineering I  
Honors Engineering II  
Advanced Placement Chemistry  
Honors Biology  
Accelerated Biology  
College Prep Biology

**FOREIGN LANGUAGE**

Honors Spanish IV 11 (ECE)  
Honors Latin III  
Honors French III

Honors Spanish III  
Accelerated Spanish III  
College Prep Spanish III  
College Prep Spanish II  
College Prep Spanish I

**SOCIAL STUDIES**

Advanced Placement US History (ECE)  
Honors US History (ECE)  
Accelerated US History  
College Prep US History  
Honors Western Civilization I  
Accelerated Law in America  
Accelerated Sociology  
Accelerated Psychology  
Accelerated Modern US History  
College Prep Geography  
College Prep Native American Studies

**COMPUTERS/BUSINESS**

Computer Essentials  
Honors Java Programming  
Accelerated Multimedia Productions  
College Prep Business Management  
Accelerated Marketing  
Accelerated Stock Market  
College Prep Personal Finance

**PHYS ED**

Physical Well-Being I  
Physical Well-Being II  
Accelerated Intro to Coaching

**FINE ARTS**

Honors Jazz Band  
Concert Band  
String Ensemble  
Guitar  
Chorus  
Intro to Acting & Theater

Advanced Placement Studio Art  
Foundations of Art  
Graphic Design  
Art Appreciation  
Drawing  
Painting  
Color/Design  
Illustration

**SENIOR COURSES****RELIGION**

Christian Life  
Catholic Apologetics  
Theology of the Body  
World Religions  
Peace and Justice

**ENGLISH**

Advanced Placement English 12  
Honors British Literature (ECE)  
Accelerated British Literature  
College Prep British Literature

**MATH**

Advanced Placement Calculus  
Advanced Placement Statistics (ECE)  
Honors Calculus  
Honors Pre-Calculus  
Accelerated Pre-Calculus  
Accelerated Trigonometry  
College Prep Trigonometry  
College Prep Algebra II 12

**SCIENCE**

Advanced Placement Biology (ECE)  
Advanced Placement Bio. Lab (ECE)  
Advanced Placement Physics C (ECE)  
Advanced Placement Physics 1 (ECE)  
Advanced Placement Environmental  
Science (ECE)  
Honors Engineering III  
Honors Engineering II  
Honors Engineering I

Honors Biology  
Accelerated Conceptual Physics  
Accelerated Anatomy & Physiology (ECE)  
Accelerated Microbiology

**FOREIGN LANGUAGE**

Advanced Placement Latin Literature (ECE)  
Advanced Placement Spanish  
Language  
Advanced Placement French  
Language  
Honors Spanish IV (ECE)  
Accelerated Spanish IV  
College Prep Spanish IV  
College Prep Spanish III  
College Prep Spanish II

**SOCIAL STUDIES**

Advanced Placement American  
Politics  
Advanced Placement Modern  
European History (ECE)  
Honors Western Civilization I (ECE)  
Honors Economics (ECE)  
Accelerated Law in America  
Accelerated Sociology (ECE)  
Accelerated Psychology  
Accelerated Modern US History  
College Prep Geography  
College Prep Native American  
Studies

**COMPUTERS/BUSINESS**

Computer Essentials  
Honors Visual Basic.Net  
Honors Java Programming  
Accelerated Multimedia Productions  
Accelerated Accounting  
Accelerated Marketing  
Accelerated Stock Market  
College Prep Business Management  
College Prep Personal Finance

**PHYS ED**

Physical Well-Being I  
Physical Well-Being II  
Accelerated Intro to Coaching

**FINE ARTS**

Honors Jazz Band  
Concert Band  
String Ensemble  
Guitar  
Chorus  
Intro to Acting & Theater  
Advanced Placement Studio Art  
Foundations of Art  
Drawing  
Painting  
Color/Design  
Illustration  
Graphic Design  
Art Appreciation

## SAT SCORES

As a college preparatory school, Xavier takes great care in helping students prepare for the SATs. During the Junior year, most students take an SAT Review Course, which emphasizes Critical Reading, Writing and Math problems found on the test. Additionally, we offer an after school review course as well for those students who may have scheduling conflicts. As you will see below, our students consistently outperform their peers at the state and national levels.

		<u>English</u>	<u>Math</u>	<u>Total</u>
<b>Class of 2019</b>	<b>All Xavier Students:</b>	<b>593</b>	<b>574</b>	<b>1167</b>
	<b>Xavier Honors Students:</b>	<b>695</b>	<b>726</b>	<b>1421</b>
	<b>State:</b>	<b>529</b>	<b>516</b>	<b>1045</b>
	<b>National:</b>	<b>531</b>	<b>528</b>	<b>1059</b>

## NATIONAL MERIT SCHOLARS

<b>Class of 2020</b>	<b>2 National Merit Semi-Finalists**</b>	<b>9 Commended Students</b>
<b>Class of 2019</b>		<b>8 Commended Students</b>
<b>Class of 2018</b>	<b>2 National Merit Finalists**</b>	<b>12 Commended Students</b>
<b>Class of 2017</b>	<b>3 National Merit Finalists**</b>	<b>7 Commended Students</b>

Historically, Xavier students have also scored well on the PSAT exam, which is administered annually in October. The statistics reflect those students who have been recognized by the College Board as either National Merit Scholars or Commended Students. **\*\*These students are eligible to become finalists.**

## THE ADVANCED PLACEMENT PROGRAM

Xavier is offering 18 courses in the Advanced Placement Program for the 2019-20 school year. The Advanced Placement Program is a cooperative educational endeavor among high schools and colleges and universities. Xavier's participation in this program provides motivated students the opportunity to take college-level courses and earn college credit while still in high school through the College Board's Advanced Placement Program. Teachers of these courses follow course guidelines that have been developed and published by the College Board.

For the 2019-20 school year, students are enrolled in the following AP courses: World History, Language & Composition, Chemistry, US History, Literature & Composition, Calculus, Statistics, Biology/Biology Lab, Environmental Science, Physics B, Latin Literature, French Language, Spanish Language, American Politics, Modern European History, Studio Art and Studio Design.

## AP SCORES

Year	# AP Students	# AP Exams taken	% students who scored 3 or better
<b>2019</b>	<b>158</b>	<b>332</b>	<b>72</b>
<b>2018</b>	<b>159</b>	<b>339</b>	<b>71</b>
<b>2017</b>	<b>165</b>	<b>319</b>	<b>79</b>
<b>2016</b>	<b>154</b>	<b>313</b>	<b>86</b>

## AP SCHOLARS

A large percentage of our AP students have subsequently become AP Scholars. AP Scholars are recognized by the College Board for their exceptional achievement on the college-level AP Exams.

Year	# AP Scholars	# National AP Scholars	# Scholars with Distinction	# Scholars with Honor
2018-19	44	2	15	15
2017-18	55	6	19	14
2016-17	55	3	21	15
2015-16	54	3	12	16

## HONOR SOCIETIES

The Monsignor Wilson Chapter of the National Honor Society includes qualified juniors and seniors. Each member is provided with a handbook which outlines the Chapter rules and regulations. Besides honoring outstanding students, the main thrust of the local chapter is to give service to the school community. Members of the society are expected to tutor students and to assist at parent programs, special Masses, Chapter service projects, Advancement and Home & School events, and whenever called upon by any segment of the school community. Each Member is required to perform twelve (12) hours of service each year according to NHS Handbook guidelines.

Tutoring is perhaps the society's chief activity. Tutoring is done on the basis of need and at a convenient time for both parties in Room 205A and is prefected by the moderator. At the end of each marking period, tutors write reports of each student for his teacher and guidance counselor. Tutoring is done in addition to the extra help that is given by the subject teacher.

Xavier also is a member of the following honor societies: French, Spanish, Latin, Math, English, Social Studies, Science and International Thespian.

## DISTINGUISHED SCHOLARS

The Distinguished Scholar Program was instituted to recognize those seniors who have successfully taken the most rigorous course of study at Xavier High School. To be recognized as a distinguished scholar, a student must have taken a minimum of 5 Advanced Placement courses through his Xavier career, including a minimum of 3 Advanced Placement courses in the senior year. Additionally, he must have no grade lower than C in any Advanced Placement course, and he must have maintained a 3.0 cumulative GPA.

## CAMPUS MINISTRY

### Service Programs & Retreats

**Peer Ministry:** The Peer Ministry Team has been an important part of Xavier's history for many years, having gained a reputation as servant leaders, role models and representatives of our school. Students apply during the second semester of their junior year and serve through the end of their senior year. Peer ministers are called upon to facilitate activities that enhance the spiritual life of the school, including student retreats and discussion groups, school prayer and worship, and parent programs. They also represent Xavier in the local community through such activities as middle school retreats, local community service trips and recruiting activities.

**Underclassmen Service Requirement:** As a graduation requirement underclassmen are required to complete 35 hours of service. It is recommended that students complete 10 hours as a freshman, 15 hours as a sophomore and 10 hours as a junior. The 2019-2020 deadline for completion and documentation of all 35 hours is the end of January. Any junior who has not completed and documented his hours by the deadline will be ineligible to participate in all Xavier activities, including sports, clubs, and social events sponsored by Xavier High School until the hours are completed. Hours completed over the summer are accepted and encouraged. If your son has done more hours than required, please submit them to the Campus Ministry Office to be part of his service file. Service opportunities are available throughout the school year. The Campus Ministry Team posts service opportunities and requests for service then they are received.

**Freshman Class Retreat Day:** This required one-day retreat allows freshmen to step away from academics and foster interaction with their classmates and senior peer ministers. The purpose of the retreat is to introduce the freshmen to the Campus Ministry Program and the customs and rituals of Xavier's spiritual life, such as team building, group discussions, prayer, reflection and inspirational talks, as well as our mission and legacy as a Xaverian Brothers Sponsored School.

**Sophomore Retreat Day:** This required one-day day retreat is designed to help sophomores recognize and adjust to the changes and challenges that are common during this period in their lives, with emphasis on their relationship with god, self, parents and friends. Senior peer ministers and the Campus Ministry Team will accompany the sophomores.

**Junior Retreat (Voluntary)** Themed “**An Upperclassman's Journey: Becoming a Leader**”, this optional retreat provides juniors with an opportunity to step back from the hectic pace of junior year, connect with classmates and begin the process of preparing to be senior leaders at Xavier. All juniors are encouraged to attend, especially if they currently hold or would like to hold leadership positions, such as being a senior peer minister, team captain, club or class officer, or Big Falcon, or would just like to be a more effective senior leader.

**Senior Xavier Leadership Institute (XLI): Voluntary.** This four-day leadership retreat brings together rising seniors and several faculty and staff members. The aim of XLI is to prepare the next senior class to step into their role as leaders in the Xavier community. Through fun team activities, workshops, group work, team discussions, talks, prayer, and reflection, attendees learn more about themselves, their classmates, Xavier and leadership. Through experiential training, participants assume various leadership roles during the retreat, learning firsthand how they can use their God-given talents to serve as leaders. Students who participate in XLI may become part of the Big Falcon/Little Falcon program.

**Senior Service Program:** Seniors are required to complete 30 hours of community service, which should be people interactive and focus on using their gifts and talents to serve either the Xavier community or the greater community as representatives of Xavier High School. In the spring of Junior year, students will submit for approval to the Campus Ministry Office, their plan for completing the senior service hours. Students may begin serving these hours upon completion of junior year. The deadline to report these hours to the Campus Ministry Office is the end of February of senior year. Any senior who has not completed and documented his hours by the deadline will be ineligible to participate in any Xavier extracurricular activities. This included sports, clubs and social events sponsored by Xavier High School. Hours completed over the summer are accepted and encouraged. If your son has done more hours than required, please submit them to the Campus Ministry Office to be part of his service file. Service opportunities are available throughout the school year at Xavier as well as in surrounding towns. The Campus Ministry Team posts opportunities and requests for service when they are received.

In the second semester religion course entitles, “Christian Life: A Call to Holiness”, seniors will reflect on their senior service during their final exam. A portion of the final exam will be dedicated to assessing their senior service and what they have learned through that experience as it related to the various topics found in the class.

**Xavier Service:** Service opportunities will be made available to students once or twice a month for those who wish to participate. The students will be transported by bus to and from the service site and will be chaperoned by a member of the Campus Ministry Team. Service sites will include schools, hospitals, convalescent centers and social service agencies. Service will take place from 3-5 pm and will count toward our school service requirement. Students can sign up to attend any and all service experiences offered in the Campus Ministry Office.

**Service Trips:** Xavier currently sponsors two service trips per year, one international and one domestic. The purpose of our service trips is to offer service immersion experiences that will change the student's perspective of themselves and others. The service work they participate in is challenging and rewarding and changes the lives of others for the better. These weeklong service trips will fulfill either the underclassmen or the senior service hour requirement. If a student participates in two service trips, they will count for both requirements as long as one occurs in senior year.

**Sacramental Life:** School wide spiritual events include morning and afternoon prayer which begins and ends the school day; monthly community Masses on Holy Days of obligation and feast days, the opening of school Mass, seasonal masses for athletes; and Advent and Lenten prayer services. Participation is required. Stations of the Cross are offered every Friday after school during the Lenten Season; the sacrament of Reconciliation is offered every first Friday in our chapel and is attended by all students during their Religion class. The lighting of the Advent Wreath takes place daily in the Chapel before school during the Advent Season.

**XBSS Retreat:** The Xaverian Brothers Sponsored Schools Junior Retreat is a retreat in which six juniors are selected to represent Xavier High School in March at an annual five-day gathering of students from all schools in the XBSS network. The theme of the retreat is "Falling in Love with the Service of God." Students learn about the life and mission of Theodore James Ryken, the Xaverian History and Charism, Life of Ministry, Global Awareness, and Stewardship. At the end of the retreat, students come up with pledges to bring back to their individual schools. To be selected for this retreat, students will go through a recommendation, application, and interview process. All juniors are encouraged to apply.

## **PASTORAL ADVISING**

Each student is assigned a pastoral advisor from the Religion Department or other advisors. The pastoral advisor will meet with each student at least once a year. The role of the pastoral advisor is to discuss in confidence the student's views of himself, his relationships with others, and his understanding of his relationship with God. Parents are encouraged to contact their son's pastoral advisor with whatever concerns they may have about their son(s).

## **COUNSELING AND ADVISING**

Within the guidance department each counselor is responsible for about a quarter of the student body that he or she follows from freshman year through senior graduation. Guidance counselors provide adjustment and academic counseling as well as college placement, career choices, and other post-graduate pursuit. In addition to maintaining students' permanent records, the guidance department administers the Preliminary Scholastic Assessment Test (PSAT), the SAT Reasoning Tests, the SAT Subject Tests, and Advanced Placement (AP) Tests. Throughout the school year, the department holds a number of programs for parents and students to provide them with academic and testing information and college planning. The guidance department utilizes Naviance, an electronic application program, to aid in selecting majors, careers, and colleges.

## **LEADERSHIP**

Xavier partners with Empower Leadership Sports & Adventure Center to develop leadership skills in all of its students. Senior leaders assist the Empower team throughout the year. The Empower Junior Leadership Program is a voluntary overnight leadership development program at Empower. This program is a continuation of the overall leadership program that Empower and Xavier have done for students in their freshman and sophomore years. The purpose of this program is to prepare juniors for their last two years at Xavier and their transition to upperclassmen and assist in encouraging juniors to embrace leadership positions at Xavier.

The Principal's Advisory Council is made up of juniors and seniors and serves to advise the principal on matters that pertain to the student body. The goal of the council is to find ways in which the student body and the principal can work together to make the Xavier experience as positive as possible for all Xavier students. The council meets monthly to discuss ways in which the positive aspects of the student experience can be enhanced and to address areas in which the student experience can be improved.

## **THE MEDIA CENTER**

**Hours:** On school days the Media Center is open from 7:30 a.m. to 5:30 p.m. Monday through Friday.

**Circulation:** Books and back issues of magazines may be taken out for a three-week period and may be renewed if they are not in demand. Current issues of magazines and reference books circulate only overnight. Videos or DVD's may be checked out for three days. A fine of five cents per school day is charged for overdue materials.

**Research Tools:** The OPAC (on-line public access computer) is the electronic card catalog that lists the Media Center's holdings by author/title or subject. Students have access to the Internet for research purposes only. There are several online databases available for student use. These are accessible from any web browser with a user name and password. The staff of the Media Center offers assistance to students and faculty with the location and use of all information resources.

**Orientation Classes:** All freshmen English classes are provided an orientation to the research databases and to the policies of the center. A goal of the Media Center is to ensure that students are effective users of information and technology.

**A.V. Equipment:** There are several computers and laptops for student use. Presently our software standards are: Windows 8 and Microsoft Office 2016 Professional (Word, Excel, PowerPoint). The Media Center maintains a significant collection of audiovisual materials and equipment that is available for student and faculty use. There is a photocopier, digital video and still camera, LCD projectors for PowerPoint presentations, audio books and DVD players. All are available for classroom use.

**Atmosphere:** An atmosphere of quiet study prevails in the Media Center. No game playing is permitted in the Media Center before 4:00 p.m. Students are not allowed to use computers and/or calculators for video games or social use. Food and/or drink is not allowed. Reading is encouraged both for school and for pleasure.

## **INTERSCHOLASTIC ATHLETIC PROGRAM**

Xavier High School is a member of the Connecticut Interscholastic Athletic Conference and is therefore bound by all rules of that organization. Xavier competes in the Southern Connecticut Conference. Mr. Matt Martorelli, Xavier's Athletic Director; Mr. Dan DeConti, Assistant Director of Athletics; and the coaching staff supervise interscholastic sports on varsity, junior varsity, and freshmen levels. Our athletic trainer is available each day after school and for game coverage for designated sports. Parent Sports Information night will be held in late August for parents of freshmen, transfers and those whose son is participating in sports for the first time.

**Intramurals:** Intramural sports are offered to all students during the fall and winter. In-season athletes are allowed to participate in an intramural sport other than their in-season sport, providing they obtain written permission from their head coach.

**Player Participation in more than one sport:** Per C.I.A.C. regulation, player participation in more than one C.I.A.C. sport per season is prohibited. A student who makes a team cannot withdraw from that team during that sport's season to become a member of another team except by mutual consent of the coaches and the athletic director.

## **ATHLETIC TEAMS**

### **BASEBALL TEAM**

**Mr. Nick Cerreta**

*Tryouts in mid-March.* Varsity, JV and Freshman levels.

### **BASKETBALL TEAM**

**Mr. Mike Kohs**

*Tryouts in early December.* Varsity, JV and Freshman levels.

### **CREW TEAM**

**Mr. Kyle Powell**

*Fall and Spring.* Varsity, JV and novice levels. Xavier crew rows in the Connecticut River at Harbor Park. The team makes use of the winter months to train, further instruct inexperienced students and condition existing members.

### **CROSS COUNTRY TEAM**

**Mr. Chris Stonier**

*Practice begins in late August.* Varsity, JV and Freshman levels. The team is the reigning SCC Conference and Quinnipiac Division Champion.

### **FOOTBALL TEAM**

**Mr. Andy Guyon**

*Weight training and conditioning begin in mid-June.* Practice begins in mid-August. Varsity, JV and Freshman levels.

### **GOLF TEAM**

**Mr. Mike Kohs**

*Tryouts in mid-March.* Varsity and JV levels. The team holds practices and home matches at Portland Golf Club.

### **HOCKEY TEAM**

**Mr. Karl Sundquist**

*Tryouts in early December.* Varsity and JV levels. The teams practice and play home games at the Spurrier Rink at Wesleyan University's Freeman Athletic Center.

### **INDOOR TRACK & FIELD TEAM**

**Mr. Chris Stonier**

*Practice begins in early December.* Varsity and JV levels. Wesleyan University's Freeman Athletic Center is the location for practices and home meets.

### **LACROSSE TEAM**

**Mr. Scott Basile**

*Tryouts in mid-March.* Varsity, JV and Freshman levels. This fast-paced program gives students the opportunity to compete against the elite teams in the state.

### **OUTDOOR TRACK & FIELD TEAM**

**Mr. Chris Stonier**

*Practice begins in mid-March.*

### **RIFLE TEAM**

**Mr. Aaron King**

*Practice begins in mid-October.* Varsity level. The Rifle Team is a member of the Connecticut High School Riflery League, competing in the Quinnipiac Conference. The team trains at Wallingford's Blue Trail Range, and a bus is provided for transportation to and from the range.

### **SAILING TEAM**

**Mr. Mark Kondracky**

*Tryouts in September for fall and mid-March for spring.* Varsity level. The Sailing Team practices at the Pettipaug Yacht Club on the Connecticut River in Essex. A bus is provided for transportation to and from practice.

**SOCCER TEAM****Mr. Brian Fitzgerald**

*Tryouts in late August.* Varsity, JV and Freshman levels.

**SWIM TEAM****Mr. Ronald Vaughan**

*Tryouts in early December.* Varsity level. The Swim Team holds practices and home meets at the pool at the Freeman Athletic Center at Wesleyan University. A bus is provided to transport students to practices.

**TENNIS TEAM****Mr. Peter Lyons**

*Tryouts in mid-March.* Varsity level. Practices and home matches take place at Watrous Park in Cromwell. A bus is provided to transport students to practice.

**ULTIMATE FRISBEE TEAM****Mr. David Applegate**

*Tryouts in mid-March.* Varsity and JV levels. In the spring, the team competes against other member schools in the league as well as participates in local tournaments. In the fall, the team meets a few times a week and holds pick-up games for interested students on an intramural level.

**VOLLEYBALL TEAM****Ms. Stephanie Reay**

*Tryouts in mid-March.* Varsity and JV levels.

**WRESTLING TEAM****Mr. Mike Cunningham**

*Practice begins in late November.* Varsity and JV levels.

**STUDENT COUNCIL****Mrs. Lisa Keereweer, Mrs. Marie Braychak, Ms. Meghan Keefe & Mr. John Guinan**

Students are involved in decision making through their elected representatives who constitute the Student Activities Council or SAC. Mrs. Braychak is the senior class moderator; Mrs. Keereweer is the junior class moderator; Ms. Keefe is the sophomore class moderator; Mr. Guinan is the freshmen class moderator. SAC officers are elected each spring and include a student body president, vice president, secretary and treasurer; a senior class president and vice-president; a junior class president and vice-president; and a sophomore class president and vice-president. A freshman class president and vice president are elected in the fall. The elected officers comprise the executive council. The student council coordinates and generates enthusiasm for class activities and assists the faculty and administration in establishing policy as it pertains to the student body. Each grade has a student executive board who are responsible to report to the student council all suggestions that arise and to assist with the set up and clean-up of SAC functions. All such suggestions or questions are considered by the SAC officers in consultation with the moderators. The moderators may make a decision on such matters or may recommend a decision to the administration. SAC officers meet with the moderators periodically and executive boards to discuss student activities, upcoming events and their coordination, and any student-related questions and problems.

## **COUNCIL ACTIVITIES**

**Class Activities.** The Student Council will organize and run class activities after soliciting suggestions from the student body. Although they may vary from year to year, class activities can include such events as field days, SAC events, ring ceremonies, class nights, semi-formals, proms, Xavier apparel days and homecoming dances.

**Xaverian Spirit Week.** In the spring SAC sponsors numerous activities and events designed to help generate Xavier spirit. Highlights of the week include an intramural championship basketball game and collections for the Xaverian Brothers missions.

**Xavier/Mercy Student Committee.** Each quarter, the Student Body President and Vice-President along with the Senior Class President and Vice-President meet with Mercy High School's Executive Board to discuss, plan, and implement events for the collective student bodies of both schools.

## **CLUBS AND ACTIVITIES**

### **AMBASSADORS CLUB**

**Mr. Nicholas Grasso**

The Ambassadors Club assists the Admissions Office in representing Xavier High School in recruitment and marketing events such as Open House and grade school visits. Membership is open to all students. A Xavier ambassador must be prepared to speak in front of student and parent groups, demonstrate excellent leadership skills, and possess strong school spirit. Membership is open to all students.

### **ART CLUB**

**Miss Jayne Vitale**

Members of the Art Club work on projects that take the form of wire sculpture, clay, mosaic, and painting. This club is open to all students and produces a piece of religious art for the school each year.

### **ASTRONOMY CLUB**

**Mr. David Oravetz**

As a member of the NASA and Caltech Jet Propulsion Laboratory's Night Sky Network, the mission of the Xavier Astronomy Club is to foster awareness of, and interest in, the field of astronomy. The club is a place to find information about recent scientific accomplishments and discoveries concerning our solar system and beyond. It is also a place to learn the basics of backyard astronomy or stargazing. From club-sponsored observing sessions at school and teaching students "what's up" in the night sky, to off-campus weekend visits to Wesleyan's Van Vleck Observatory and Planetarium, the club aims to bring a love of the cosmos, and a love of citizen science in general, to the Xavier Community.

### **CLASSIC CAR CLUB**

**Mr. Dan Cizauskas & Ms. Liz Whitty**

The Classic Car Club meets monthly to discuss classic cars, share model cars, watch videos on classic cars and to plan events designed to introduce the Xavier community to the joys of classic cars. Car enthusiasts and anyone with even a mild interest in cars are welcome to join.

### **COLUMBIAN SQUIRES**

**Mr. Robert King**

This club at Xavier, sponsored by our local Knights of Columbus organization, is a leadership development program for young Catholic men and is designed to develop young men as leaders who understand their Catholic religion and who have a strong commitment to the Church. The Squire circle is an athletic team, a youth group, a social club, a cultural and civic improvement association, a management training course, a civil rights organization and a spiritual development program all rolled into one.

### **DEBATE CLUB**

**Ms. Kelly Walsh**

The Debate Club participates in several invitationals throughout the course of the year, as a member of the Connecticut Debate Association. The majority of debate tournaments occur on Saturdays. Students can compete either at the varsity or novice level competition.

### **DRAMA CLUB/SCHOOL MUSICAL**

**Mrs. Tracy Costa**

The drama club presents a play in the fall and a Broadway musical for the student body and outside guests in early spring. Students from both Xavier and Mercy are involved in the production of both events. The play and musical and all rehearsals are held at Mercy High School and students are responsible for their own transportation.

### **DRIVER EDUCATION**

**Mr. Richard Magner & Mr. Bill Braychak**

Open to students 16 years of age. This thirty-eight hour program fulfills State requirements for obtaining a driver's license. The after school program consists of 30 hours of classroom preparation and 8 hours of practice driving. Four courses are offered each year: September, November, March and May.

### **E-SPORTS**

**Mr. Jeremy Fowler**

E-Sports is a form of competitive sports typically using team-based video games, such as League of Legends, Rocket League, and Smite.

### **ENGINEERING CLUB**

**Mr. Kelsey Doherty**

Members of this club learn the principles of engineering and apply them to a number of different problems. In recent years the engineering club has participated in the Real World Design Challenge which deals with aeronautical design. There are both state and national contests incorporated in the RWDC. Students are able to learn real life engineering problem solving skills while working with engineers and using the most up-to-date software in the aeronautical design industry today.

### **ENVIROTHON**

**Mr. T. J. Green**

This club prepares students for a state-wide Envirothon competition held in May each year. Students explore the categories of wildlife, forestry, soils, aquatics plus one current issue that changes each year. Seven students are selected in the spring to represent the school at the statewide competition. This competition is held entirely in the field with appropriate stations set for each of the five major categories.

### **FISHING CLUB**

**Mr. Bill Braychak**

The Fishing Club provides students with opportunities to go fishing with other Xavier students. Students can choose between fresh water and salt water fishing, or do both. The club will allow students to try fishing for the first time, as well as provide the more experienced student angler venues to hone their skills and share their skill with others.

### **GAMING CLUB**

**Mr. Jeremy Fowler**

Students have the opportunity to learn and hone their skills in a variety of games including collectible card games, board games and video games. The gaming club meets nearly every day and is open to all students. New players are encouraged to join at any time.

### **INTRAMURALS**

**Mr. Dan DeConti**

Xavier offers an assortment of intramural sports that are available throughout the year. Intramurals offer fun and camaraderie designed to fit a student's hectic schedule. The Intramural program offers baseball, basketball, floor hockey, golf, table tennis, Ultimate Frisbee, volleyball, and wrestling. The winter basketball intramural season culminates with a championship game played during school in front of the entire school population. Students can sign up in the locker room, and schedules and results are posted on the bulletin boards outside the locker room.

### **ITALIAN CLUB**

**Miss Jayne Vitale**

This extra-curricular club is open to all students and exposes students to beginning conversational Italian as well as activities/discussion relative to Italian cuisine, Roman architecture and Italian culture.

### **LITERARY MAGAZINE**

**Mr. John McGrath**

Xavier's literary magazine features poetry, short stories, and reflections on life at Xavier High School and the world beyond. The magazine is written entirely by Xavier High School students, and offers interested students of all grade levels a place where they can independently indulge and shape their own creative energies outside the structured environment of the classroom.

### **MATH TEAM**

**Mr. John Traceski & Mr. Andrew T. Gargano**

Students meet for practice rounds and review as preparation for monthly Middlesex County Math League contests. Xavier's team has a strong history of performing very well, qualifying for state, regional and national contests.

### **MODEL CONGRESS**

**Mr. Jim Royce**

Students involved in Model Congress study and research American political issues with the intent of representing states and role playing officeholders at the university mock congresses sponsored by Yale, Harvard and other universities.

### **MODEL COURT**

**Mr. Aaron King**

Students simulate courtroom activity, study a case, and role play attorneys and witnesses. Students compete against other Connecticut high schools in an annual Mock Trial Competition held in December.

### **MODEL UNITED NATIONS**

**Mr. Robert King**

Members of this club learn the processes and significance of the United Nations as they act as delegates for member countries, attend conferences where they role play, serve on committees and diligently represent their nations. Current important international issues are explored.

### **MYARC**

**Mr. Steve Smith**

MYARC (Middlesex Youth ARC, Inc.) is a volunteer service organization. Its purpose is dedicated to the philosophy that growth and personal development occur as a result of social interactions between persons with intellectual disabilities and the students of Xavier and Mercy High Schools. MYARC is an independent organization that is affiliated with MARC Community Resources. Our student volunteers have a unique sense of responsibility and dedication to this community service. Recreational activities are held Tuesdays and Thursdays throughout the school year at Mercy. The highlights of the year include three evening dances.

### **NEWSPAPER**

**Mr. Kyle St. George**

The KESTREL is Xavier's online, student newspaper. Club members meet bi-weekly and are expected to contribute articles and/or art and photos on a weekly basis. Contributions of all media forms are welcomed and are approved for publication by the club's Editor in Chief.

### **PHILOSOPHY CLUB**

**Mr. John Guinan**

The club give students the opportunity to engage with the greatest thinkers in the Catholic and Western philosophical traditions regarding questions that get to the heart of what it means to be a human being. Students explore topics such as ethics, politics, and religion with the help of philosophers who have best shed light on answers to perennial questions relating to all these areas and more. This takes place through informal discussion and various events throughout the year.

### **PHOTOGRAPHY CLUB**

**Mr. Bill Braychak**

The photography club is a way for students interested in photography, whether beginning or advanced, to learn about the medium and increase their photography skills. Students discuss and learn to shoot in various modes and conditions

(manual, low light, athletic events, etc.), discuss and experiment with various terms and techniques (adjusting aperture and shutter speed, fill flash, etc.), and work on photographing people, animals, landscapes, etc. In addition to learning beginning and advanced levels of photography, students are encouraged to submit their photos for Xavier publications such as the yearbook and *Xavier Today*, as well as offer submissions to various local and national competitions.

### **PRINCIPAL'S ADVISORY COUNCIL**

**Mr. Brendan Donohue**

PAC is made up of juniors and seniors and serves to advise the principal on matters that pertain to the student body. The goal of the council is to find ways in which the student body and the principal can work together to make the Xavier experience as positive as possible for all Xavier students. The council meets monthly to discuss ways in which the positive aspects of the student experience can be enhanced and to address areas in which the student experience can be improved. Students must apply and interview with the principal if interested.

### **PRO-LIFE CLUB**

**Mr. Peter Lyons**

The mission of the Pro-Life Club is to promote and demonstrate respect and reverence for human life at all stages, from conception to natural death, through service and education. Activities include sponsoring an annual fundraiser for ABC Women's Center in Middletown, hosting guest speakers on pro-life topics, sponsoring Pro-Life Awareness Week at Xavier, hosting a daily Advent prayer service, providing service opportunities and traveling to Washington, DC for the annual March for Life.

### **RAILROAD CLUB**

**Br. Thomas Ryan**

The Xavier Railroad Club is open to all students, ninth through twelfth grade, who have an interest in trains, either model railroading and/or the real thing. The club has a designated area in the school building where it is beginning to re-build an HO scale model railroad. A railroad library of train books and magazines is also part of the club room. During the last several school years and summers, club members have taken long and short distance trips to various hubs to see real railroading in action. Included in this travel list would be Cumberland, MD; Altoona, Scranton, and Lancaster, PA; Amsterdam, Herkimer, Binghamton, and Delanson, NY; Boston, Worcester, Framingham, and Ayer, MA; Trenton and Princeton Junction, NJ; and Old Saybrook and New Haven, CT. All Aboard!

### **ROBOTICS CLUB**

**Mrs. Shannon Kief**

The Robotics Club meets weekly before the season and daily during the season (January – February) in order to design and create a robot that will compete in the FIRST National Robotics competition. Students acquire funding, and are in charge of marketing and development as well as the design and building of the actual robot. The FIRST competition grades students not only on the performance of their robots but also on service, leadership, sportsmanship, presentation, outreach, website design, and the aesthetics of the robot. The students perform all of these tasks between them, with some focusing more on the engineering, some on programming, and some on the administrative and business tasks.

### **RYKEN SERVICE SOCIETY**

**Mr. James Tyrol**

The Ryken Service Society is an outgrowth of the Xaverian Brothers Sponsored Schools' student programs. Taking its name from the founder of the Xaverian Brothers, Theodore James Ryken, the society's aims are to encourage students to become involved with the various service opportunities provided through the school and through their faith communities. What the group provides is the time and place to put those experiences into a context of faith and vocation. The members participate in prayer that reflects the spiritual dimension of service. They are also introduced to people who work within Christian Service Organizations. Members of this society become aware of peace and justice issues.

### **SKI TRIPS**

**Mr. Jeff Otterbein**

Ski trips are open to all members of the Xavier community and welcomes skiers and riders of all levels. As part of the group, students take part in day trips to various ski resorts in New England. Trips are usually held on a Saturday between January and March, with a goal of three trips per year. Past trips have been to Killington, Stratton, Mount Snow and Okemo.

### **WORLD CULTURES AND DIVERSITY CLUB**

**Mr. William Garrity**

The International Cultures Club provides an open forum and safe environment where students can share cultures, ideas etc., based on their cultural backgrounds. The club will also provide cultural enrichment beyond the classroom. The purpose of the club is to gain and spread an appreciation for other languages and cultures, and to gain language skills.

### **XAVIER TV**

**Mr. Kelsey Doherty**

Falcon Talk is Xavier's podcast club that brings the latest in Xavier news. This club meets most Tuesdays and Fridays from 2:30-3:30 p.m. Meetings involve gathering news, planning the podcast, and recording. A new podcast is available every other week on the Xavier homepage and on Sound Cloud.

### **XOC (Xavier Outdoorsman Club)**

**Mr. Erik Elligers**

The XOC is a group dedicated to hosting outdoor adventures in the company of fellow students in an effort to grow appreciation for the glory of nature. Outdoor adventures will include but are not limited to hiking, biking, rock climbing, kayaking, and backpacking.

### **XTV (Xavier Television Live)**

**Mr. Andy Mule**

XSN is Xavier's streaming network which produces videos of Xavier sporting events and other school activities and events. The streams can be viewed at [nfhsnetwork.com](http://nfhsnetwork.com) under Xavier-Middletown CT.

### **YEARBOOK**

**Br. John Sullivan, Mrs. Amanda Duffy & Ms. Kathryn Lee**

Xavier's yearbook, "The Don" exists to publish an account of the year's activities at Xavier. Members of the yearbook staff meet weekly throughout the school year, even into the summer, to create a meaningful memoir.

## **Non-Academic Summer Programs for young men in grades 5-8**

### **Expedition: Xavier**

**Expedition: Xavier** combines recreation, fun and learning with the outstanding academic, extra-curricular, and athletic program at Xavier to provide young men entering grades 5-8 an opportunity to improve their skills and gain knowledge. During the first week long sessions, students will build robots, conduct science experiments, simulate a court trial, and meet new friends. Every day there is something different to learn, do and explore. In the second week of the program, students focus on robotics design and programming. Students can attend one or both weeks.

## **2020 Academic Summer Programs for Freshmen**

### **Session 1-June 22-July 10, 2020**

Xavier offers a variety of courses during the summer. Some of these courses are

**Reading Skills**-This course is designed to introduce students to the study skills that will help them succeed at Xavier. In particular, the course will use the summer reading text to focus on both organizational and time-management strategies, and on the reading, note-taking, and test-taking techniques that will be emphasized throughout their time at Xavier.

**Math Skills**-This course is designed to review topics including operations with fractions, order of operations, variables and algebraic expressions, and solving equations. At the end of the course, students will take an assessment test which will aid in recommending placement for the freshman year.

**English Grammar**-English Grammar provides a review of the parts of speech, the parts of the sentence, and phrases and clauses. It will also touch upon common grammatical errors often found on the PSAT and SAT tests.

**Topics in Algebra**-This course will introduce students to the material covered in their freshman algebra course. The topics introduced include simplifying expressions, solving several types of equations, multiplying polynomials, applying exponent rules, simplifying radicals, and solving word problems. Students will also be introduced to features of the TI-83 Plus graphing calculator. This course is recommended for students who have taken Pre-Algebra, but have not yet taken Algebra.

**Honors Spanish I Review**-This course is required for students intending to take Honors Spanish II in the freshman year. Students will review the following topics: the present and preterit tense conjugations, the uses of Ser, Estar, Tener and Gustar, adjective agreement, the uses of subject and object pronouns, and the vocabulary associated with these grammatical concepts. Students must take the Spanish I placement exam to earn acceptance into this class.

**Honors French I Review**- This course is required for students intending to take Honors French II in the freshman year. In this enrichment course, students will be introduced to the most fundamental topics in the French language. Example topics include noun gender and number, subject pronouns, the verb to be and regular verbs of the first group, simple adjective use and negative sentence construction. This course will serve as a head start for students before the official beginning of the year, and will provide a glimpse at more in-depth examination of these topics later in the year. Students must take the French I placement exam to earn acceptance into this class.

**Honors Latin I Review**- This course is required for students intending to take Honors Latin II in the freshman year. The course is designed as an introduction to Latin; the course will allow students to preview the first few chapters of the text. The course will cover introductory forms and preview basic vocabulary and sentence structure. The relationship between the English and Latin languages will be developed. Students must take the Latin I placement exam to earn acceptance into this class.

**Honors Algebra I Review**-This course is required for students in the Honors Program intending to take Geometry in the freshman year. Students will review the following topics: order of operations, operations on polynomials, factoring, radicals, rational expressions, linear equations, systems of equations, graphing equations, and word problems. Students must take the Algebra I placement exam to earn acceptance into this class. This course will conclude with an Algebra I final exam, which will determine placement in math for the student's freshman year.

## **SESSION 2-August 17-21, 2020**

**Introduction to Honors Physics (open to those accepted into Honors Physics)**-This course introduces students to the fundamental concepts of physics with a focus on motion, metric measurements, their dimensional units, scientific notation and the equations of motion as developed by Galileo. Concurrent with the theory will be laboratory demonstrations and experiments to illustrate the use of the equations and to compare theory with observation. Newton's three laws of motion will also be explored and used to illustrate the cause and effect on motion.

**Introduction to Spanish I**-This course is designed to introduce, review and reinforce the grammatical concepts that form the foundation for successful study of Spanish. These topics include the use of subject pronouns, the conjugation of regular and high frequency irregular verbs in the present tense, and noun/adjective agreement. Students will be presented with vocabulary words and expressions with a proficiency oriented approach which focuses on communication and comprehension. This course is recommended for students who will be taking Spanish for the first time.

## **Xavier High School Athletic Camps**

**All camps are open to young men currently in grades 6-8 and are staffed by Xavier coaches and personnel. Some camps run during the summer, while some run in the fall. Registration is available online. For more information go to [www.xavierhighschool.org](http://www.xavierhighschool.org) and click on athletic camps.**

**Note: Camps require a minimum number of participants in order to run.**

### **Baseball Camp**

This camp is designed for players who would like to improve their skills in all the fundamental areas of baseball. Instruction on hitting, fielding and throwing will be emphasized.

### **Cross Country/Track & Field Camp**

This camp is designed for athletes of all ability levels who desire to learn the specifics of every event in the sport of Track and Field. Athletes will learn proper technique in order to excel in the sprinting, distance, jumping, and throwing events. Daily seminars will include proper nutrition, video analysis of professional athletes, the physiological effects of training phases, and setting up a season-long training plan to ensure effective peak performances.

### **Fundamental Football Camp**

This camp is designed to improve the basic skills and fundamental techniques of football and teach the fundamentals of the game. Each camp member will have the opportunity to learn how to play the different positions in the game of football.

### **Lacrosse Camp**

This camp is designed to be fun in a highly energized environment. Emphasis will be placed on advanced and interactive coaching. First, morning drills will focus on individual skills and team concepts. After drills, games will reinforce concepts from the drill sessions.

### **Rowing Camp**

This camp is intended to introduce and strengthen the rowing skills of athletes of all abilities. The first two days will focus on the fundamentals of technique as well as strength and conditioning indoors on the ergometers, while the remainder of the camp will be spent outdoors on the Connecticut River. Eight-person boats will be stacked based on ability for part of the camp, but mixed to allow for close racing towards the end of camp.

### **Soccer Camp**

This camp is designed to develop the tactical and technical abilities of each player, taking into consideration their individual skill levels. The camp is open to student athletes of all abilities and is a great opportunity to further develop fundamentals and advanced skills.

### **Strength and Conditioning Camp**

This camp is designed to learn weight lifting exercises and how to setup your own work out program as well as improve speed, agility, balance, coordination, and flexibility. Human anatomy and nutrition will also be discussed.

### **Wrestling Camp**

This camp is designed to teach the basic skills and techniques of wrestling to the beginner or intermediate wrestler. The advanced techniques will also be taught. The week long camp will also include segments on nutrition and strength and conditioning necessary to become a successful wrestler.

**Be Sure To Follow Us on Xavier's Website and on  
Social Media for Everything Xavier**

**Website: [www.xavierhighschool.org](http://www.xavierhighschool.org)**

**Twitter**

**Xavier High School account: @XavierHighCt**

**Xavier Athletics account: @athleticsXHS**

**Instagram**

**Xavier High School account: @XavierHighCt**

**Xavier Athletics account: @XavierHighSports**

**Facebook: Xavier High School**

**[www.facebook.com/XavierHighCT/](http://www.facebook.com/XavierHighCT/)**

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